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The Mount Mary Wellness Initiative

Expanded academic programs and upgraded learning spaces support Mount Mary's directive to meet the wellness needs of the community, mind, body and soul.

NEW PROGRAMS

Food Science: This chemistry degree program incorporates principles of chemistry, biological and physical sciences to study the nature of foods and beverages. Wisconsin is fourth in the nation and Milwaukee is the 10th highest city in the nation for food science career opportunities.

"Excellence in program delivery requires leading-edge spaces and facilities."

*Karen Friedlen
Vice President for Academic and Student Affairs*

Registered Nurse to Bachelor of Science in Nursing Completion program: Responding to great community need for leadership within the field of nursing, Mount Mary launched its RN to BSN program in fall 2015. Within the state, the Wisconsin Center of Nursing projects a need to graduate 20,000 BSN-certified nurses by 2020 to keep up with growing demand.

IMPROVEMENTS

Reimagined food laboratory: The University's food laboratory is being renovated to include higher functioning facilities and modern equipment to enable food science, dietetics, and occupational therapy students a space for learning fundamental and advanced skills in their professions.

Sensory laboratory: A neutral environment for food testing enables food to be assessed for consistency, taste, smell etc. in an environment not influenced by other sensory input. Integral to both dietetics and food science programs, this laboratory provides an opportunity to partner with local food companies for product testing.

GRANTS & ACHIEVEMENTS

Counseling grant: The Master of Science in Counseling program received a \$2.6 million grant from the federal government's Health Resources and Service Administration to support 25 scholarships for underrepresented students in the Clinical Mental Health Counseling master's program.

Scholarship endowment: The Dohmen Health Equity Scholarship has created a \$250,000 endowment for Mount Mary student scholarships in the areas of food science and dietetics.

Art therapy studio: The Art Therapy Department has established weekly art therapy studio sessions open to the community. The studio is staffed and directed by art therapy students and is the first of its kind in the U.S., said faculty member Christopher Belkofer.

Innovation recognition: The University's Counseling Department was named most innovative program in the region by the 13-state North Central Association for Counselor Education and Supervision (NCACES). The department is gaining international recognition for its work in the area of trauma-sensitive care, working with schools and institutions to construct cohesive responses to disruptions using a strength-based perspective. This summer, three researchers will present at a conference in Capetown, South Africa.

Creative leadership: A workplace program for corporate leaders that explores the connection between personal wellness and job satisfaction was co-developed by Mount Mary's Art Therapy and Counseling Departments through a grant by the Brady Corporation Foundation Group. This program, currently in its second phase of implementation, has expanded to include community and student groups from around the Milwaukee area.