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Dietetics Internship Degree Requirements

The Dietetic Internship (DI) track requires a total of 39 graduate credits including the following required courses:

Component I:

DTS 722 Issues and Problems in Healthcare 3

*Component II:

**DTS 601 Principles of Dietetic Practice I 2

**DTS 602 Dietetic Practice I: Management & Community 3

**DTS 603 Principles of Dietetic Practice II 2

**DTS 604 Dietetic Practice II: MNT & Elective 3

Nutritional Sciences Courses 8

Courses from Chosen Concentration 9

Component III:

DTS 712 Research Design & Analysis I 3

DTS 714 Research Design & Analysis II 3

DTS 770 Applied Graduate Research (project or thesis) 3-5

39-41 credits

*Students select courses of interest that will help them reach their professional goals.

**Courses are related to the DI.

Counseling Concentration:

*CON 610	Theories of Counseling	3 credits
*CON 612	Techniques of Counseling	3 credits
CON 679	Special Topics in Counseling – Eating Disorders	3 credits
CON 700	Multicultural Counseling	3 credits
CON 712	Counseling Children and Adolescents	3 credits
CON 740	Group Procedures in Counseling	3 credits
CON 750	Counseling Across the Lifespan	3 credits

*Designates a required course for this concentration, and a prerequisite for other counseling courses. Refer to the Master of Science in Counseling section of the Graduate Bulletin for course descriptions and prerequisites.

Management Concentration:

*BUS 610	Managerial Communication	3 credits
BUS 615	Managing in a Global Environment	3 credits
*BUS 620	Leadership	3 credits
BUS 625	Marketing Management (prerequisite: Marketing)	3 credits
BUS 630	Managerial Economics (prerequisite: macro or microecon)	3 credits
BUS 635	Information Technology for a Competitive Environment	3 credits

*Designates a required course for this concentration, and a prerequisite for other management courses. Refer to the Master of Business Administration section of the Graduate Bulletin for course descriptions.

Nutritional Sciences Courses:

DTS 571	Life Cycle Nutrition: Infancy/Childhood	2 credits
DTS 573	Life Cycle Nutrition: Later Adulthood	2 credits
*DTS 660	Integrated Human Nutrition: Macronutrients	2 credits
*DTS 661	Integrated Human Nutrition: Micronutrients	2 credits
DTS 750	Topics in Dietetics	1-3 credits
DTS 761	EBP Cardiovascular & Respiratory Diseases	1 credit
DTS 762	EBP Diabetes & Renal Diseases	1 credit
DTS 763	EBP GI & Ancillary Systems	1 credit
DTS 764	EBP Nutrition Support	1 credit
DTS 765	EBP Oncology	1 credit

*Designates a required course for the Nutrition & Fitness concentration.

Nutrition & Fitness Concentration:

DTS 530	Applied Exercise Physiology I	3 credits
DTS 532	Exercise Physiology I	2 credits
DTS 535	Fitness Assessment and Exercise Program Design	2 credits
DTS 550	Nutrition for Fitness & Sport (prereq: DTS 530, 532 or 535)	2 credits
DTS 575	Advanced Nutrition Counseling	2 credits

DTS 630	Applied Exercise Physiology II (prerequisite DTS 530)	3 credits
DTS 632	Exercise Physiology II (prerequisite DTS 532)	2 credits

*Note: DTS 660 and 661 are required courses for this concentration.

Professional Writing Concentration:

EPW 602	Workshop in Journalism Theory and Practice	3 credits
EPW 632	Workshop in Technical Communication and Design	3 credits
EPW 634	Principles in Grant Writing	3 credits
EPW 702	Promotional Writing for the Media	3 credits
EPW 706	Desktop Publishing, Design, and Software	3 credits
*EPW 709	Writing for Publication	3 credits
EPW 733	Special Topics – Writing for the Health Professions	3 credits

*Designates a required course for this concentration. Refer to the Master of Arts in English section of the Graduate Bulletin for course descriptions and prerequisites.

COURSE DESCRIPTIONS

DTS 722 Seminar: Issues and Problems Affecting Health Care 3 credits

Examination of the social, cultural, political, and economic systems influencing health care policies and practices. Health care reform, ethics, controversial issues, and consumer concerns affecting health care delivery and policies. **Online course**. Prerequisite for Track II: completion of dietetic internship.

NUTRITIONAL SCIENCE COURSES

A minimum of 8 credits are required from courses that stress applied nutrition (Tracks I and II). Additional nutritional sciences credits are encouraged and may be taken as professional development courses.

DTS 550 Nutrition for Fitness & Sport 2 credits

Addresses sports nutrition, specifically the role of nutrition as it relates to a person's current physical state, and goals for fitness and health and/or exercise performance. Prerequisites: DTS 354 or equivalent, and DTS 530 or equivalent.

DTS 571 Life Cycle Nutrition: Infancy/Childhood 2 credits

DTS 573 Life Cycle Nutrition: Later Adulthood 2 credits

Nutrient requirements, dietary patterns and food behaviors of specific life cycle stages are investigated along with medical problems and dietary implications associated with each life stage. Courses need not be taken in sequence. Prerequisite: DTS 354 or consent of instructor.

DTS 575 Advanced Nutrition Counseling 2 credits

This class is designed to help students apply current theories, strategies and philosophies of counseling in ways that enable and assist others to make healthful dietary changes. Emphasis is placed on strategies that are part of ADA's Nutrition Care Process.

DTS 660 Integrated Human Nutrition: Macronutrients 2 credits

DTS 661 Integrated Human Nutrition: Micronutrients 2 credits

Concepts of human nutrition integrated with principles of physiology and metabolism and current research reports with an emphasis on application to practice. Prerequisite: DTS 464 or equivalent.

DTS 750 Topics in Dietetics 1-3 credits

Focuses on a specific current topic related to dietetic practice. The topic and credits are determined by the Program Director. The course may be repeated with a different topic.

DTS 761 EBP Cardiovascular & Respiratory Diseases 1 credit

DTS 762 EBP Diabetes & Renal Diseases 1 credit

DTS 763 EBP Gastrointestinal & Ancillary Systems 1 credit

DTS 764 EBP Nutrition Support 1 credit

DTS 765 EBP Oncology 1 credit

The Evidence Based Practice (EBP) courses investigate the pathophysiology and treatment of the specified disease states or conditions based on evidence in the scientific literature. Emphasis is placed on the practical application of evidence-based practice to medical nutritional therapy in providing ethical, optimal care. Prerequisite: DTS 464 or equivalent.

Dietetic Internship Courses:

DTS 601 Principles of Dietetic Practice I (fall semester) 2 credits

DTS 603 Principles of Dietetic Practice II (spring semester) 2 credits

Courses include orientation to the dietetic internship and management and community rotations (fall semester) and to the medical nutrition therapy and elective rotation (spring semester). Exploration of concepts that include but aren't limited to professional and ethical dietetic practice, research and evidence-based practice related to community nutrition, foodservice and medical nutrition therapy. Students conduct and evaluate multiple session community nutrition intervention programs in various settings. Prerequisite: Admission to the DI program.

DTS 602 Dietetic Practice I: Management & Community 3 credits

This course is designed to help students examine and apply theory related to food and nutritional science to dietetic practice through supervised practice experiences in local foodservice operations and community nutrition agencies. Foodservice management includes such topics as: food safety, and sanitation; food procurement, production, delivery and service systems; facility, financial and human resource management; and development of menus and recipes to meet the needs of diverse audiences. Community nutrition topics include: nutrition screening and assessment of individuals and population groups, nutrition education and counseling, program development, implementation and evaluation, and advocating for nutrition services. Biweekly seminars, readings and assignments reinforce rotation experiences. Participation fee assessed. Prerequisite: Admission to the DI Program.

DTS 712 Research Design & Analysis I**3 credits**

Provides students with the knowledge and tools necessary to conduct research in dietetics. Research methodologies, how to plan and execute a project, ethical responsibilities in designing and conducting research involving human subjects, and statistical methods. Students develop a proposal and methodology for their project or thesis. Prerequisite: an undergraduate statistics course and approval of the Program Director.

DTS 714 Research Design & Analysis II**3 credits**

Students continue with guided work on their project or thesis and establish a method for data analysis using SPSS. Research questions are analyzed to promote competence in interpreting data using descriptive and inferential statistics. Prerequisite: DTS 712.

DTS 770 Applied Graduate Research**3-5 credits**

Specialized application of theoretical knowledge to the solving of a problem in an area that constitutes professional growth. Research methodology is used and students complete a 3 credit project or 5 credit thesis and present it in written and oral format. For a thesis the total required credits are typically divided among two or more consecutive semesters. For a project credits may be taken concurrently with DTS 714. Upon successful completion the student is awarded a grade of P. Prerequisite: DTS 714, R.D. status, and consent of Program Director.

DTS 799 Continuing Registration**0 credits**

If a student is unable to complete the written research project and oral presentation within the time frame of the allotted credits, continuing registration until completion is required. Such continuous registration does not result in additional credit, but does underwrite the services implicit in the advisor/advisee relationship. Additionally, there is a continuation of Mount Mary College services, such as library circulation, interlibrary loan, use of the computer center and statistical consultation. Also refer to additional pages in the Graduate Bulletin.

Questions should be addressed to:

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