



## Health and Sciences Division

# Dietetics

Students who choose a career in dietetics are committed to encouraging healthy decisions about nutritional care for people of all ages and in many different settings. Mount Mary College's Dietetics major prepares students to become dietitians — highly qualified professionals who are recognized as experts in food and nutrition. Dietitians can work in many different areas, including medical nutrition therapy, food service management, and community nutrition education.

Mount Mary College offers three distinct programs within the Dietetics Department:

### Undergraduate Coordinated Program

The Undergraduate Coordinated Program prepares students to be eligible to take the registered dietitian exam upon completion of the program. Upon satisfactory completion of the academic requirements including a comprehensive exam, the student obtains a verification statement making her eligible to take the national examination to become a Registered Dietitian (RD) and for active membership in the American Dietetic Association. Registered Dietitians are eligible for certification in the State of Wisconsin.

### Dietetic Internship Program

The Dietetic Internship Program is for students who already hold a bachelor's degree in nutrition or dietetics and who need the practice component necessary to meet the requirements for registered dietitian exam eligibility. This is a nine-month full-time program which meets all the requirements and accreditation standards of the American Dietetic Association.

### Master of Science in Dietetics Program

The Master of Science in Dietetics Program is specifically designed to offer dietetics practitioners the opportunity to increase knowledge depth and breadth in a variety of areas of dietetic practice.

## Faculty

- Janet Rank Fischer, MS, RD, CD, Associate Professor  
Director, Coordinated Undergraduate Program in Dietetics
- Lisa Stark, MPH, MS, RD, CD, Associate Professor  
Director, Graduate Program in Dietetics and Dietetic Internship
- Linda A. Gleason, MS, RD, Graduate Program Instructor
- Robert J. Hanisch, MA, CDE, CSCS, Graduate Program Instructor
- Judi Johnson, MA, CD, RD, Assistant Professor,  
Coordinated Undergraduate Program in Dietetics
- Heidi L. Kurth, MS, RD, Graduate Program Instructor
- Joan Pleuss, MS, RD, CDE, CD, Graduate Program Instructor
- Jacqueline Sullivan, MS, RD, Graduate Program Instructor
- Kristine Gonzalez, MS, RD, CD, Instructor,  
Coordinated Undergraduate Program in Dietetics and Graduate Program
- Heidi Katte, MS, RD, CD, Instructor,  
Coordinated Undergraduate Program in Dietetics



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### More on the Web

Visit [www.mtmary.edu/div\\_healthandsciences.htm](http://www.mtmary.edu/div_healthandsciences.htm) for additional information about the Health and Sciences Division at Mount Mary College and its academic programs and formats:

- Biology (certificate, minor, day)
- Biology Education (certificate and day)
- Biology Broadfield Science Education (certificate and day)
- Chemistry Education (certificate and day)
- Chemistry Broadfield Science Education (certificate and day)
- Chemistry (certificate, minor, day)
- Diagnostic Medical Sonography (day)
- Dietetics (graduate, certificate, day)
- Environmental Studies (minor)
- Health Sciences/Pre-professional Studies (certificate, minor, day)
- Nursing (day)
- Nursing/BSN Completion (day)
- Occupational Therapy (graduate, day)
- Radiologic Technology (day)

[www.mtmary.edu](http://www.mtmary.edu) 800-321-6265

# Dietetics

## Career Opportunities

Recent Mount Mary College graduates have found positions in the following areas:

- Clinical and community nutrition
- Education
- Food and pharmaceutical companies
- School lunch programs/restaurants
- Sales and marketing
- Corporate food service
- Health care
- Food service management
- Private practice

## Fieldwork/Practicum

Mount Mary's undergraduate coordinated program provides more than 1,000 hours of supervised practice (fieldwork) during the last two years of study. During the second semester of the senior year, students complete three medical nutrition therapy practicum experiences:

- 6 - 8 weeks in clinical nutrition
- 6 - 8 weeks in food service management
- 4 weeks in community/consumer nutrition

Practicum opportunities are available in hospitals, clinics, school districts, public health departments, food service companies, and numerous other locations.

## Registered Dietitian Exam

The Commission on Dietetic Registration administers the Registered Dietitian Exam for those professionals seeking the professional distinction/credential of Registered Dietitian (RD). Mount Mary's program prepares students for the exam during their second two years of study. The program combines required fieldwork and classroom material needed to provide solid preparation for the exam. Current five-year exam passage rates are available on request.

## Accreditation

Mount Mary's well-respected dietetics undergraduate program is currently granted accreditation by the Commission on Accreditation for Dietetic Education of the American Dietetic Association, 120 South Riverside Plaza, Suite 2000, Chicago, Illinois 60606-6995, (800) 877-1600, ext. 5400.

## Employment Outlook

According to the Bureau of Labor Statistics, employment of dietitians is expected to grow faster than the average for all occupations through 2014 as a result of increasing emphasis on disease prevention through improved dietary habits.

A growing and aging population will boost the demand for meals and nutritional counseling in hospitals, residential care facilities, schools, prisons, community health programs, and home healthcare agencies. Public interest in nutrition and increased emphasis on health education and prudent lifestyles also will spur demand, especially in management.

In addition to employment growth in the field, additional job openings will result from the need to replace experienced workers who retire or leave the occupation.



### Did you know?

The Mount Mary Dietetics program is the only coordinated program in the Milwaukee area that prepares students to be eligible to take the Registered Dietitian exam upon completion of the program.

### About Mount Mary College

Discover what the more than 1,900 current Mount Mary graduate and undergraduate students already know. Mount Mary offers an engaging and transformational education. Here students explore and expand their hopes and dreams. We invite you to be one of them.

Mount Mary's residential campus is home to a diverse student body. Be a part of our gorgeous suburban campus, just 20 minutes from downtown Milwaukee.

For over 90 years Mount Mary College has been educating women in the Catholic tradition – we are committed to your success. Nearly 100% of our full-time undergraduate students receive a scholarship. Mount Mary is dedicated to making a college education affordable for you.

See how Mount Mary's strong academics, small class sizes, safe and vibrant campus, and student organizations and leadership opportunities will help you achieve your personal and career goals. Contact the Admission Office at 800-321-6265 or [mmc-admiss@mtmary.edu](mailto:mmc-admiss@mtmary.edu).

