



## Arts and Design Division

# Art Therapy with Emphasis in Community Arts

### What is Art Therapy?

The Art Therapy program is a dynamic learning environment for exploring the role that art, culture and creativity play in leadership within a wide variety of disciplines. Art therapy is a human service profession that helps individual clients, groups and communities explore and develop personal emotional, physical, learning and community building skills through therapeutic art experiences.

As an art therapy student, you will explore how art and culture impact communities and how creative work (like visual art, music, writing, dance and performance) can address social issues and make them visible. The Art Therapy with emphasis in community arts program immerses students in environments where professionals are working for social change through the arts and develops the creative capacities of students.

The Mount Mary College undergraduate Art Therapy program is a pre-professional program that introduces the field of art therapy and prepares you for further graduate study in art therapy or other helping professions. Built on a solid foundation of studio art and psychology, the program offers the opportunity to learn and grow in a creative, supportive atmosphere.

The Mount Mary approach to art therapy education is uniquely *art-based* and experiential, and our nationally known faculty endeavor to provide a creative integration of academic and clinical education with active artistic engagement. In every way possible we attempt to live out our program slogan, "Art Therapy: Compassion in Action."

### Art Therapy Program Mission Statement

The Mount Mary College Art Therapy program is committed to a relational, art-based philosophy and curriculum that educates students to become compassionate artist-therapists.

The Art Therapy program is built upon aesthetic, ethical and spiritual values. Respect for the dignity of all people and their creative expression is a hallmark of the program. Students are exposed to a broad range of perspectives and are challenged to become innovative leaders who are responsive to issues of social justice, and to the needs of people in diverse settings.



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### Related courses

In addition to behavioral science and communication courses, undergraduate art therapy students build a solid foundation in studio art by completing Arts and Design Division courses that address the following:

- Drawing
- Two-Dimensional Design
- Three-Dimensional Design
- Ceramics
- Sculpture
- Painting

### Scholarship opportunities

Annually, Mount Mary College offers Layton Art Scholarships to incoming students and returning students within the Arts and Design Division. Scholarship applicants must have a 3.0 GPA or higher and attend Mount Mary College full time. It is a high honor to receive the Layton Art Scholarship at Mount Mary College, an institution well-known for its art programs.

[www.mtmary.edu](http://www.mtmary.edu) 800-321-6265

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## Is This Program Right for You?

Do you love art? Do you want to make a difference in the world? Whether you are a painter, a sculptor, an actor, a poet, an activist or still questioning who you are, the Art Therapy program at Mount Mary College will help you develop capacity to respond with creativity and compassion, and understanding how making art together builds community and works for social change.

## A Solid Foundation for Graduate Study

Mount Mary's undergraduate Art Therapy major, with an emphasis in community arts, fulfills all the prerequisite requirements for graduate study of professional art therapy.

In the senior year, students who have completed 128 undergraduate credits may apply for early entry into the Master of Science Art Therapy program and may begin taking graduate-level art therapy courses. This is an exciting opportunity for undergraduate students to share the learning environment with graduate art therapy students.

Mount Mary's Art Therapy programs are nationally recognized for their quality and leadership in art-based, art therapy education. The Master of Science degree in art therapy is targeted to both the working professional and the full-time student.

Mount Mary College also offers a Professional Doctorate of Art Therapy program, which is the first program of its kind in the United States.

## Faculty

In addition to its nationally known faculty, guest lecturers – often pioneers and innovators of the profession— enhance the curriculum and contribute diversity with exciting, current topics in art therapy that broaden and enrich the students' perspectives.

- Lynn J. Kapitan, Ph.D., A.T.R. – BC, The Union Institute
- Bruce Moon, Ph.D., A.T.R. – BC, The Union Institute
- Melody Todd, M.S., A.T.R., Northern Illinois University
- Chris Belkofer, M.A., A.T.R., School of the Art Institute of Chicago



### More on the Web

Visit [www.mtmary.edu/div\\_art.htm](http://www.mtmary.edu/div_art.htm) for additional information about the Arts and Design Division at Mount Mary College and its academic programs and formats including:

- Adaptive Education in Art (graduate, evening and certificate)
- Art (certificate, minor, day)
- Art Education (certificate and day)
- Art Therapy (master's, doctorate, evening, minor, day)
- Fashion (certificate and day)
- Graphic Design (evening, certificate, minor, day)
- Interior Design (day)

### About Mount Mary College

Discover what the more than 1,900 current Mount Mary graduate and undergraduate students already know. Mount Mary offers an engaging and transformational education. Here students explore and expand their hopes and dreams. We invite you to be one of them.

Mount Mary's residential campus is home to a diverse student body. Be a part of our gorgeous suburban campus, just 20 minutes from downtown Milwaukee.

For over 90 years Mount Mary College has been educating women in the Catholic tradition – we are committed to your success. Nearly 100% of our full-time undergraduate students receive a scholarship. Mount Mary is dedicated to making a college education affordable for you.

See how Mount Mary's strong academics, small class sizes, safe and vibrant campus, and student organizations and leadership opportunities will help you achieve your personal and career goals. Contact the Admission Office at 800-321-6265 or [mmc-admiss@mtmary.edu](mailto:mmc-admiss@mtmary.edu).

