



MEDIA ALERT— FOR IMMEDIATE RELEASE

## ART THERAPIST AMONG 10 HOT JOBS FOR 2007

Alexandria, VA--- CareerBuilder.com, one of the nation's leading recruitment resources in print and web media, has identified Art Therapist as one of the top 10 "hot jobs" for 2007 by (see <http://jobs.aol.com/article/a/10-hot-jobs-for-2007/20060822125209990005>). Candace Corner, writer for CareerBuilder.com, says, "Demographic shifts, legislative changes, business trends and consumer behavior factor into what's going to be the next big thing." A changing employment market, longer life span, access to higher education, and later retirement are determining what jobs are on the cutting edge.

Art Therapy is a mental health profession that uses the creative process of art making to improve and enhance the physical, mental, and emotional well being of individuals of all ages. It is based on the belief that the creative process involved in the making of art is healing and life enhancing. Art Therapists use their knowledge of visual art (drawing, painting, sculpture, and other art forms) and psychotherapy to help individuals manage emotional problems, develop interpersonal skills, reduce stress, and achieve self-awareness.

The American Art Therapy Association, (AATA) Inc., was founded in 1969 and develops and promotes educational, professional, and ethical standards for the practice of art therapy. The AATA provides information to its members and the public regarding the field of art therapy through publications, a scholarly journal, conferences, and a web site ( [www.arttherapy.org](http://www.arttherapy.org)).

Paula Howie, President of the American Art Therapy Association and board certified Art Therapist, comments, "Employment opportunities for art therapists in healthcare, community agencies, education, and independent practice continue to increase for our members. It is exciting that leading job recruitment services are recognizing the field of art therapy as a cutting edge career."

For more information, please contact Cathy A. Malchiodi, AATA Professional Relations, at [info@arttherapy.org](mailto:info@arttherapy.org), call 888-290-0878, or visit the AATA web site at [www.arttherapy.org](http://www.arttherapy.org).

*Join us for our Annual Conference, "Reaching Out and Rebuilding Our Communities," in New Orleans from November 15<sup>th</sup> – 19<sup>th</sup>, 2006. For more information, visit [www.arttherapyconference.org](http://www.arttherapyconference.org)*